

2024

SEPTEMBER

Wrenshall School Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>French Toast Sticks Fruit/Juice/Milk</p> <p>Hotdog on a Bun Baked Beans / Peas Fruit / Milk</p>	<p>4</p> <p>Muffin / Yogurt Fruit/Juice/Milk</p> <p>Spaghetti Sauce w/Pasta Corn / Breadstick Fruit / Milk</p>	<p>5</p> <p>Breakfast Sandwich Fruit/Juice/Milk</p> <p>Hamburger on a Bun w/fixings Cooked Carrots Fruit / Milk</p>	<p>6</p> <p>Cereal / Cheese Stick Fruit/Juice/Milk</p> <p>Pizza Green Beans Fruit / Milk</p>
<p>9</p> <p>Cereal / Yogurt Fruit/Juice/Milk</p> <p>Chicken w/Gravy over Pasta Carrots & Peas Mix / Bread Fruit / Milk</p>	<p>10</p> <p>Breakfast Pizza Fruit/Juice/Milk</p> <p>Sloppy Joe w/Bun Baked Beans / Coleslaw Fruit / Milk</p>	<p>11</p> <p>Muffin / Yogurt Fruit/Juice/Milk</p> <p>Sub Sandwich w/Fixings Broccoli –raw / Chip Fruit / Milk</p>	<p>12</p> <p>Yogurt Parfait Fruit/Juice/Milk</p> <p>Stuffed Cheese Bread w/Marinara Steamed Corn Fruit / Milk</p>	<p>13</p> <p>Oatmeal Bar / Cheese Stick Fruit/Juice/Milk</p> <p>Teriyaki Chicken w/Rice Green Beans / Bread Fruit / Milk</p>
<p>16</p> <p>Yogurt / Oatmeal Bar Fruit/Juice/Milk</p> <p>Orange Chicken w/Rice Broccoli Fruit / Milk</p>	<p>17</p> <p>Breakfast Burrito Fruit/Juice/Milk</p> <p>Mac & Cheese w/Mini Corn Dogs Baked Beans / Cooked Carrots Fruit / Milk</p>	<p>18</p> <p>Cereal / Muffin Fruit/Juice/Milk</p> <p>Meatballs w/gravy Mashed Potatoes / Green Beans Bread / Fruit / Milk</p>	<p>19</p> <p>Pancake on a Stick Fruit/Juice/Milk</p> <p>BBQ Shredded Chicken w/Bun Mix Peas & Carrots / Potato Fries Fruit / Milk</p>	<p>20</p> <p>Cereal / Cheese Stick Fruit/Juice/Milk</p> <p>Pizza Steamed Corn Fruit / Milk</p>
<p>23</p> <p>Cereal / Oatmeal Bar Fruit/Juice/Milk</p> <p>Hamburger on a Bun Baked Beans / Corn Fruit / Milk</p>	<p>24</p> <p>Waffle Fruit/Juice/Milk</p> <p>Taco Tuesday in a bag Spanish Rice / Refried Beans/L/T/O/C Fruit / Milk</p>	<p>25</p> <p>Yogurt / Muffin Fruit/Juice/Milk</p> <p>Tater Tot Hotdish Coleslaw /Peas / Bread Fruit / Milk</p>	<p>26</p> <p>Breakfast Sandwich Fruit/Juice/Milk</p> <p>Sweet& Sour Chicken Rice / Broccoli Fruit / Milk</p>	<p>27</p> <p>Cheese Stick / Oatmeal Bar Fruit/Juice/Milk</p> <p>Fish Sandwich Carrots Fruit / Milk</p>
<p>30</p> <p>Oatmeal Bar / Yogurt Fruit/Juice/Milk</p> <p>Corn Dog Peas-Carrot Mix / Baked Beans Fruit / Milk</p>	<p>A variety of cold cereals is offered every morning for breakfast in addition to what is posted. Breakfast & Lunch is free to all students as long as they follow the guidelines for MN Free School Meals Program, which is: At breakfast they must choose at least 3 items to be counted as a reimbursable meal. The student must choose a ½ cup serving of fruit or vegetable, which includes juice as part of their breakfast. At Lunch they must choose at least 3 items to be counted as a reimbursable meal, which must include either ½ cup of fruit or ½ cup of vegetable.</p>			

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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2024

OCTOBER

Wrenshall School Breakfast & Lunch Menu

MONDAY

A variety of cold cereals is offered as an option every morning for breakfast in addition to what is on the menu.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1 French Toast Sticks Fruit/Juice/Milk</p> <p>Italian Chicken over Pasta Green Beans / Mozzarella Cheese Bread / Fruit / Milk</p>	<p>2 Muffin / Cereal Fruit/Juice/Milk</p> <p>Sub-Sandwich w/L/T/O Carrots Sticks / Pasta Salad Fruit / Milk</p>	<p>3 Breakfast Sandwich Fruit/Juice/Milk</p> <p>BBQ Pulled Pork on a Bun Broccoli / Coleslaw Fruit / Milk</p>	<p>4 Yogurt / Cereal Fruit/Juice/Milk</p> <p>Pizza Steamed Corn Fruit / Milk</p>
<p>7 Cereal / Yogurt Fruit / Juice / Milk</p> <p>Teriyaki Chicken Rice / Broccoli / Bread Fruit / Milk</p>	<p>8 Breakfast Pizza Fruit / Juice / Milk</p> <p>Fish Sticks Mashed Potatoes / Baked Beans Bread / Fruit / Milk</p>	<p>9 Muffin / Yogurt Fruit / Juice / Milk</p> <p>Non- Sloppy Joe on a Bun w/cheese Green Beans/Potato Fries Chip / Fruit / Milk</p>	<p>10 Yogurt Parfait Fruit / Juice / Milk</p> <p>Chicken Tenders Carrots-cooked / Bread Fruit / Milk</p>	<p>11 Oatmeal Bar /Cheese Stick Fruit / Juice/ Milk</p> <p>Beef Chili *w/C/T/O* Corn / Chip Fruit / Milk</p>
<p>14 Yogurt / Oatmeal Bar Fruit/ Juice/ Milk</p> <p>Chicken Alfredo Pasta / Broccoli / Breadstick Fruit / Milk</p>	<p>15 Breakfast Burrito Fruit/ Juice/ Milk</p> <p>Hamburger on a Bun *w/C/L/T/O/P* – Potato Fries Pasta salad / Fruit / Milk</p>	<p>16 Cereal / Muffin Fruit/ Juice/ Milk</p> <p>Cheese Stuffed Breadsticks Marinara Sauce / Carrots –cooked Fruit / Milk</p>	<p>17</p> <p>NO SCHOOL</p>	<p>18</p> <p>NO SCHOOL</p>
<p>21 Cereal / Oatmeal Bar Fruit/ Juice/ Milk</p> <p>Orange Chicken Rice / Bread / Broccoli Fruit / Milk</p>	<p>22 Waffle Fruit/ Juice/ Milk</p> <p>Spaghetti Sauce w/Pasta Breadstick / Corn Fruit / Milk</p>	<p>23 Yogurt / Muffin Fruit/ Juice/ Milk</p> <p>Meatball Sub w/ Queso Cheese Carrots / Red Peppers & Onions Fruit / Milk</p>	<p>24 Breakfast Pizza Fruit/ Juice/ Milk</p> <p>Crispy Chicken on a Bun Baked Beans / Coleslaw Fruit / Milk</p>	<p>25 Cheese Stick / Oatmeal Bar Fruit/ Juice/ Milk</p> <p>Pizza Green Beans Fruit / Milk</p>
<p>28 Oatmeal Bar / Yogurt Fruit / Juice/ Milk</p> <p>BBQ Chicken Sandwich Green Beans Fruit / Milk</p>	<p>29 French Toast Sticks Fruit/ Juice/ Milk</p> <p>Shredded Pork w/gravy Mashed Potatoes / Broccoli Fruit / Milk</p>	<p>30 Muffin / Cereal Fruit / Juice / Milk</p> <p>Sub Sandwich Coleslaw *L/T/O*/Red Peppers Fruit / Milk</p>	<p>31 Breakfast Sandwich Fruit/ Juice/ Milk</p> <p>Cheese Quesadilla Pizza Black Beans / Corn / L/T/ Fruit / Milk</p>	<p>*C=Cheese L=Lettuce T=Tomato O=Onion P=Pickle</p>

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