

2024

NOVEMBER

Wrenshall School Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*C/L/T/O/P = Cheese/Lettuce/Tomato/Onion/Pickle

A variety of cold cereals is offered every morning for breakfast in addition to what is posted. Breakfast & Lunch is free to all students as long as they follow the guidelines for MN Free School Meals Program, which is: At breakfast they must choose at least 3 items to be counted as a reimbursable meal. The student must choose a ½ cup serving of fruit or vegetable, which includes juice as part of their breakfast. At Lunch they must choose at least 3 items to be counted as a reimbursable meal, which must include either ½ cup of fruit or ½ cup of vegetable.

				1 Oatmeal Bar / Cereal Fruit/Juice/Milk Fish Patty w/Bun Baked Beans / Carrots Fruit/Milk
4 Yogurt/Oatmeal Bar Fruit/Juice/Milk Teriyaki Chicken w/Rice Broccoli / Fruit / Milk	5 Breakfast Pizza Fruit/Juice/Milk Sloppy Joe on a Bun Green Beans / Potato Fries Fruit/Milk	6 Muffin/Cheese/Cereal Fruit/Juice/Milk Southwest Queso Chicken w/Pasta Carrots/Breadstick Fruit/Milk	7 Yogurt Parfait Fruit/Juice/Milk Taco in a Bag w/L/T/O/C Spanish Rice / Beans Fruit/Milk	8 Cereal/Cheese Stick Fruit/Juice/Milk Marinara Meatball Sub Corn/ Fruit/Milk
11 Oatmeal Bar/Yogurt Fruit/Juice/Milk General Tso's Chicken w/Rice Broccoli/Fruit Milk	12 Breakfast Burrito Fruit/Juice/Milk Tater Tot Hotdish Corn/Bread Fruit/Milk	13 Muffin/Cereal Fruit/Juice/Milk Chicken Tenders Baked Beans/Carrots/Rice Salad Fruit/Milk	14 Pancake on a Stick Fruit/Juice/Milk Hamburger on a Bun C/L/T/O/P* Green Beans/Fruit/Milk	15 Oatmeal Bar/Cereal Fruit/Juice/Milk Pizza Carrots & Peas Fruit/Milk
18 Oatmeal Bar/Cereal Fruit/Juice/Milk Hot Dog on a Bun Broccoli/Fruit/Milk	19 Breakfast Sandwich Fruit/Juice/Milk Fish Sticks Baked Beans/Carrots Fruit/Milk	20 Yogurt/Muffin Fruit/Juice/Milk Chicken Tacos Coleslaw/Peppers/L/T/O/C Fruit/Milk	21 Waffle Fruit/Juice/Milk Spaghetti Sauce w/Pasta Corn/ Breadstick Fruit/Milk	22 Cheese Stick/Cereal Fruit/Juice/Milk Turkey w/Gravy Mashed Potatoes/Squash Green Beans/Fruit/Milk
25 Oatmeal Bar/Yogurt Fruit/Juice/Milk Grilled Cheese & Tomato Soup Corn/Fruit/Milk	26 French Toast Fruit/Juice/Milk BBQ Pork on a Bun Baked Beans/Broccoli Fruit/Milk	27 Muffin/Cereal Fruit/Juice/Milk Waffles/Sausage Potato Fries/Fruit/Milk	28 NO SCHOOL HAPPY THANKSGIVING	29 NO SCHOOL