

2024

NOVEMBER

Wrenshall School Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*C/L/T/O/P = Cheese/Lettuce/Tomato/Onion/Pickle

A variety of cold cereals is offered every morning for breakfast in addition to what is posted. Breakfast & Lunch is free to all students as long as they follow the guidelines for MN Free School Meals Program, which is: At breakfast they must choose at least 3 items to be counted as a reimbursable meal. The student must choose a ½ cup serving of fruit or vegetable, which includes juice as part of their breakfast. At Lunch they must choose at least 3 items to be counted as a reimbursable meal, which must include either ½ cup of fruit or ½ cup of vegetable.

1
Oatmeal Bar / Cereal
Fruit/Juice/Milk

Fish Patty w/Bun
Baked Beans / Carrots
Fruit/Milk

4
Yogurt/Oatmeal Bar
Fruit/Juice/Milk

Teriyaki Chicken w/Rice
Broccoli / Fruit / Milk

5
Breakfast Pizza
Fruit/Juice/Milk

Sloppy Joe on a Bun
Green Beans / Potato Fries
Fruit/Milk

6
Muffin/Cheese/Cereal
Fruit/Juice/Milk

Southwest Queso Chicken w/Pasta
Carrots/Breadstick
Fruit/Milk

7
Yogurt Parfait
Fruit/Juice/Milk

Taco in a Bag w/L/T/O/C
Spanish Rice / Beans
Fruit/Milk

8
Cereal/Cheese Stick
Fruit/Juice/Milk

Marinara Meatball Sub
Corn/ Fruit/Milk

11
Oatmeal Bar/Yogurt
Fruit/Juice/Milk

General Tso's Chicken w/Rice
Broccoli/Fruit
Milk

12
Breakfast Burrito
Fruit/Juice/Milk

Tater Tot Hotdish
Corn/Bread
Fruit/Milk

13
Muffin/Cereal
Fruit/Juice/Milk

Chicken Tenders
Baked Beans/Carrots/Rice Salad
Fruit/Milk

14
Pancake on a Stick
Fruit/Juice/Milk

Hamburger on a Bun
C/L/T/O/P*
Green Beans/Fruit/Milk

15
Oatmeal Bar/Cereal
Fruit/Juice/Milk

Pizza
Carrots & Peas
Fruit/Milk

18
Oatmeal Bar/Cereal
Fruit/Juice/Milk

Hot Dog on a Bun
Broccoli/Fruit/Milk

19
Breakfast Sandwich
Fruit/Juice/Milk

Fish Sticks
Baked Beans/Carrots
Fruit/Milk

20
Yogurt/Muffin
Fruit/Juice/Milk

Chicken Tacos
Coleslaw/Peppers/L/T/O/C
Fruit/Milk

21
Waffle
Fruit/Juice/Milk

Spaghetti Sauce w/Pasta
Corn/ Breadstick
Fruit/Milk

22
Cheese Stick/Cereal
Fruit/Juice/Milk

Turkey w/Gravy
Mashed Potatoes/Squash
Green Beans/Fruit/Milk

25
Oatmeal Bar/Yogurt
Fruit/Juice/Milk

Grilled Cheese & Tomato Soup
Corn/Fruit/Milk

26
French Toast
Fruit/Juice/Milk

BBQ Pork on a Bun
Baked Beans/Broccoli
Fruit/Milk

27
Muffin/Cereal
Fruit/Juice/Milk

Waffles/Sausage
Potato Fries/Fruit/Milk

28
NO SCHOOL
HAPPY THANKSGIVING

29
NO SCHOOL



2024

DECEMBER



Wrenshall School Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal / Yogurt / Oatmeal Bar Fruit/Juice/Milk Teriyaki Chicken w/Rice Broccoli/Fruit/Milk	3 Breakfast Pizza Fruit/Juice/Milk Queso Meatball Sub Baked Beans/Carrots/Red Peppers Fruit/Milk	4 Muffin/Cheese Stick Fruit/Juice/Milk Italian Chicken w/Pasta Corn/Breadstick Fruit/Milk	5 Yogurt Parfait Fruit/Juice/Milk Taco in a Bag w/L/T/O/C Corn/Rice/Beans Fruit/Milk	6 Cereal & Cheese Stick Fruit/Juice/Milk Sloppy Joe on a Bun Coleslaw/Green Beans/Chip Fruit/Milk
9 Oatmeal Bar & Yogurt Fruit/Juice/Milk Macaroni & Cheese w/mini Corn Dogs Baked Beans/Carrots Fruit/Milk	10 Breakfast Sandwich Fruit/Juice/Milk BBQ Chicken Sandwich Carrots & Peas/ Potato Fries Fruit/Milk	11 Yogurt/Muffin/Cereal Fruit/Juice/Milk Meatloaf Mashed Potato/Green Beans Fruit/Milk	12 French Toast Fruit/Juice/Milk Orange Chicken w/Rice Broccoli Fruit/Milk	13 Oatmeal Bar/Cheese Stick Fruit/Juice/Milk Stuffed Crust Pizza Corn Fruit/Milk
16 Cereal/Oatmeal Bar Fruit/Juice/Milk Hamburger on a Bun Baked Beans/Steamed Corn Fruit/Milk	17 Waffle Fruit/Juice/Milk Stuffed Cheese Bites w/Marinara Broccoli/Fruit/Milk	18 Yogurt/Muffin Fruit/Juice/Milk Tater Tot Hotdish Coleslaw/Peas/Bread Fruit/Milk	19 Breakfast Sandwich Fruit/Juice/Milk Cooks Choice	20 Oatmeal Bar/Cheese Stick Fruit/Juice/Milk Cooks Choice
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL	A variety of cold cereals is offered every morning for breakfast in addition to what is posted. Breakfast & Lunch is free to all students as long as they follow the guidelines for MN Free School Meals Program, which is: At breakfast they must choose at least 3 items to be counted as a reimbursable meal. The student must choose a ½ cup serving of fruit or vegetable, which includes juice as part of their breakfast. At Lunch they must choose at least 3 items to be counted as a reimbursable meal, which must include either ½ cup of fruit or ½ cup of vegetable.		