

2025

JANUARY

Wrenshall School Breakfast & Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast & Lunch is free to all students as long as they follow the guidelines for MN Free School Meals Program, which is: At breakfast they must choose at least 3 items to be counted as a reimbursable meal. The student must choose a ½ cup serving of fruit, which includes juice as part of their breakfast. At Lunch they must choose at least 3 items to be counted as a reimbursable meal, which must include either ½ cup of fruit or ½ cup of vegetable.

1
Happy New Year!

2
No School

3
No School

6
Oatmeal Bar / Cereal
Fruit/Juice/Milk

Chicken Tenders
Rice/Broccoli
Fruit/Milk

7
French Toast Sticks
Fruit/Juice/Milk

Beef Hot Dog on a Bun
Baked Beans/Peas
Fruit/Milk

8
Muffin/Yogurt
Fruit/Juice/Milk

Spaghetti Meat Sauce w/Pasta
Corn / Breadstick
Fruit/Milk

9
Breakfast Sandwich
Fruit/Juice/Milk

Hamburger on a Bun
Cooked Carrots
Fruit/Milk

10
Cereal / Cheese Stick
Fruit/Juice/Milk

Pizza
Green Beans
Fruit/Milk

13
Cereal/Yogurt
Fruit/Juice/Milk

Marinated Chicken w/Pasta
Carrots & Peas Mix/ Bread
Fruit/Milk

14
Breakfast Pizza
Fruit/Juice/Milk

Sloppy Joe w/Bun
Baked Beans/Coleslaw
Fruit/Milk

15
Muffin / Yogurt
Fruit/Juice/Milk

Sub Sandwich w/fixings
Broccoli / Chip
Fruit/Milk

16
Yogurt Parfait
Fruit/Juice/Milk

Stuffed Cheese Bread w/Marinara
Steamed Corn
Fruit/Milk

17
Oatmeal Bar / Cheese Stick
Fruit/Juice/Milk

Teriyaki Chicken w/Rice
Green Beans / Bread
Fruit/Milk

20
Yogurt / Oatmeal Bar
Fruit/Juice/Milk

Meatballs w/gravy
Mashed Potatoes /Green Beans
Fruit/Milk

21
Breakfast Burrito
Fruit/Juice/Milk

Orange Chicken w/Rice
Broccoli
Fruit/Milk

22
Cereal / Muffin
Fruit/Juice/Milk

Mac & Cheese w/mini corn dogs
Baked Beans / Cooked Carrots
Fruit/Milk

23
Pancake on a Stick
Fruit/Juice/Milk

BBQ Chicken on a Bun
Mixed Peas & Carrots / Potato Fries
Fruit/Milk

24
Cereal / Cheese Stick
Fruit/Juice/Milk

Pizza
Steamed Corn
Fruit / Milk

27
No School

28
Waffle
Fruit/Juice/Milk

Hamburger on a bun
Baked Beans /Corn
Fruit/Milk

29
Yogurt / Muffin
Fruit/Juice/Milk

Taco in a bag
Spanish Rice / Beans /C/L/T/O
Fruit/Milk

30
Breakfast Sandwich
Fruit/Juice/Milk

Sweet & Sour Chicken w/Rice
Broccoli
Fruit/Milk

31
Cheese Stick /Oatmeal Bar
Fruit/Juice/Milk

Fish Sandwich
Carrots
Fruit/Milk